

NON-HORMONAL BIRTH CONTROL FOR UP TO 10 YEARS

99.2% RELIABLE¹



Are you looking for hassle-free
contraception that's 100% hormone-free?

PATIENT INFORMATION

Mona Lisa[®]

COPPER INTRAUTERINE DEVICES (IUDs)



MONALISA IUD.CA

ARE YOU LOOKING FOR
HASSLE-FREE CONTRACEPTION
THAT'S 100% HORMONE-FREE?

THEN CONSIDER
A MONA LISA® IUD.

According to the Society of Obstetricians and Gynaecologists of Canada, IUDs are the most effective reversible contraceptive available.¹

WHAT IS AN IUD?

An intrauterine contraceptive device (IUD) is typically a T-shaped device that is inserted into the uterus by your healthcare professional to provide effective and reversible birth control for up to 10 years.

There are different types of IUDs.
Usually they are organized into two distinct groups:

- 1 IUDs that contain copper and are 100% hormone-free — like **MONA LISA®** IUDs.
- 2 IUDs that contain a synthetic hormone (levonorgestrel), and that are sometimes referred to as Intrauterine Systems (IUSs).








HOW EFFECTIVE ARE MONA LISA® IUDs?

According to the **Society of Obstetricians and Gynaecologists of Canada**, copper IUDs, like **MONA LISA®** IUDs, are:

99.2% EFFECTIVE¹

During the first year of **typical use***,
there were 8 pregnancies per 1,000 women.

RELATIVE EFFICACY OF CONTRACEPTIVE OPTIONS DURING FIRST YEAR OF USE*

		TYPICAL USE*
HORMONAL INTRAUTERINE SYSTEM (IUS)		99.8%
COPPER INTRAUTERINE DEVICE (IUD)		99.2%
INJECTION		94%
ORAL CONTRACEPTIVES		91%
CONTRACEPTIVE PATCH		91%
CONTRACEPTIVE RING		91%
MALE CONDOM		82%

* **"TYPICAL USE"** of a birth control method refers to how effective the method is during actual use (including inconsistent and incorrect use). Relative effectiveness of birth control can also be measured in "perfect use", which refers to when the method is always used correctly and consistently, as directed. Data adapted from the Canadian Contraceptive Consensus, 2015.

HOW DO MONA LISA® IUDs WORK?

MONA LISA® copper IUDs prevent pregnancy by reducing sperm motion and impeding sperm from fertilizing an egg. They do not affect your ovulation, which means that they are easily reversible. If you decide you want to have children, your healthcare professional can remove your **MONA LISA®** IUD at any time.

WHAT ARE THE BENEFITS OF MONA LISA® IUDs?

MONA LISA® IUDs are 99.2% effective¹ and are also:

LONG ACTING

Once inserted in the uterus, a **MONA LISA®** IUD provides effective birth control for **3, 5, or 10** years, depending on the choice you make.

REVERSIBLE

MONA LISA® IUDs do not affect ovulation. A healthcare professional can remove it at any time, and once removed, women quickly return to their normal fertility rate.

DEMONSTRATED TO BE SAFE

- Over 35 years of experience internationally.
- Wide-ranging international studies confirm the safety of copper intrauterine devices, including **MONA LISA®** IUDs.
- Birth control that is safe to use while breastfeeding.¹

HIGH QUALITY

For decades **MONA LISA®** IUDs have been made by the same specialty manufacturer in Europe that exclusively produces copper IUDs. **MONA LISA®** IUDs meet strict international standards for quality and sterility.

HORMONE-FREE

MONA LISA® IUDs provide effective birth control with none of the potential side effects associated with estrogen and/or progestin found in some forms of hormonal contraception (like the pill) or the synthetic hormone levonorgestrel (progestin) found in hormonal IUSs.

HASSLE-FREE

With a **MONA LISA®** IUD there is no need to remember dosing regimens or schedules. Enjoy peace of mind for years. And if you decide to have children your healthcare professional can remove it at any time.

COST EFFECTIVE

There are no ongoing costs to the user once the **MONA LISA®** IUD is inserted. And numerous studies suggest that greater use of IUDs would contribute to health system cost savings.¹

And according to the **Society of Obstetricians and Gynaecologists of Canada**, IUDs have also been shown to help prevent endometrial cancer.¹



IS A MONA LISA[®] IUD RIGHT FOR YOU?

Each woman has unique contraception needs. You have many birth control options available to you, and the choice you make should include a consideration of whether non-hormonal or hormonal contraception is the best choice for you. This is an important decision and a conversation you can have with your healthcare professional.

For some women, hormone-based birth control products aren't a good fit, and increasingly, some women are looking for alternatives to hormonal contraception. Busy lives can make it hard to remember a daily dose of pills, while condoms do not always provide the most reliable method of contraception.

MONA LISA[®] IUDs offer a reliable option that delivers short-term to long-term birth control, based on your contraceptive needs.

A **MONA LISA[®]** IUD provides a hassle-free, non-hormonal way to get on with your life.



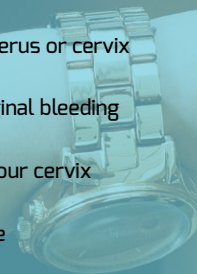
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COPPER INTRAUTERINE DEVICES (IUDs)

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A MONA LISA[®] IUD IS NOT RIGHT FOR YOU, IF YOU:

- Think you might be pregnant
- Have an abnormally shaped uterus
- Have, or suspect you have, a sexually transmitted infection
- Have, or have had in the last three months, pelvic inflammatory disease (PID) or engage in current behaviour that puts you at high risk of PID (for example, because of having sex with several men or your partner is having sex with several women)
- Have had an infection in your uterus after a pregnancy or abortion in the last three months
- Have cancer of the uterus or cervix
- Have unexplained vaginal bleeding
- Have an infection in your cervix
- Have Wilson's disease
- Are allergic to copper



WHAT ELSE SHOULD I KNOW ABOUT MONA LISA® IUDs?

WHAT WILL HAPPEN DURING MY FIRST MENSTRUAL CYCLES AFTER THE INSERTION OF A MONA LISA® IUD?

The first three cycles following insertion are usually different from your normal cycles. Menstruation can be heavier, your periods may last longer and you may experience spotting in between periods. These menstrual changes usually diminish and disappear after 2-3 months. However, if your menstrual flow continues to be heavy or unusually long, or spotting continues, contact your healthcare professional.

WHAT SIDE EFFECTS CAN I EXPECT FROM A MONA LISA® IUD?

Side effects of intrauterine devices, including MONA LISA® IUDs, are not common but include the following:

- **Menstrual changes:** The most common side effects of a **MONA LISA®** IUD are heavier menstrual bleeding and periods of longer duration than normal, and more painful periods. You may also experience spotting between periods. These menstrual changes usually diminish and disappear after 2-3 months. However, if your menstrual flow continues to be heavy or unusually long, or if spotting continues, contact your healthcare professional.
- **Abdominal pain:** Pain in the lower abdomen or sacral area may occur initially after insertion but usually subsides with time or with analgesic treatment. Pain may be a physiological response to the presence of the IUD, but if the pain persists contact your healthcare professional to rule out the possibility of infection or improper positioning of the IUD.
- **Genital tract infection / PID:** During the first month after insertion there may be a small risk of a genital tract infection. There may be a risk of pelvic inflammatory disease (PID), which is an infection that affects the uterus, fallopian tubes and nearby organs. PID is most likely to occur in the first 20 days after insertion of a **MONA LISA®** IUD. **Exposure to sexually transmitted infections (STIs), and not the use of the IUD itself, is responsible for PID occurring after the first month of use.** The incidence of PID among intrauterine devices users is less than 2 episodes per 1000 years of use, which is similar to that of the general population. PID is treated with antibiotics, but if left untreated, PID can cause serious problems such as infertility. Contact your healthcare professional if you have abdominal or pelvic pain, painful sex, unusual or bad smelling vaginal discharge, chills, heavy bleeding, or fever.



WHAT ELSE SHOULD I KNOW ABOUT MONA LISA[®] IUDs?

WHAT MIGHT BE SOME OF THE RISKS ASSOCIATED WITH THE INSERTION OF A MONA LISA[®] IUD?

- In rare cases certain women, in particular women who have never given birth, are more susceptible to fainting, a slowing of their pulse and other neurovascular episodes during and immediately after insertion or removal of an intrauterine device.
- **Perforation:** In rare cases, a **MONA LISA[®]** IUD can penetrate the wall of your uterus during insertion. This rare complication occurs at a rate of 0.7 to 1.6 per 1000 insertions. If a **MONA LISA[®]** IUD perforates the uterus, it should be removed.
- **Expulsion:** A **MONA LISA[®]** IUD may partially or completely fall out of your uterus. Expulsion of any intrauterine device is most common in the first year of use. The expulsion rates are often higher in women who have never been pregnant, in women who have the IUD inserted immediately after giving birth and in women who have had a previous expulsion of an intrauterine device. If you think your **MONA LISA[®]** IUD has partially or completely fallen out, use an additional form of birth control, such as a condom, and call your healthcare professional.

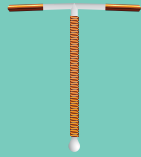
**For more information about MONA LISA[®] IUDs,
and to read our complete FAQ section, please visit:**

MONALISA.IUD.CA

Mona Lisa® 10

10 YEARS
OF BIRTH CONTROL

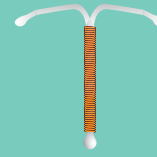
Suitable for women who have completed their family and for women who have no immediate family plans.



Mona Lisa® 5 Standard

5 YEARS
OF BIRTH CONTROL

Suitable for women who wish to space their children (and are looking for birth control for 5 years or less).



Mona Lisa® 5 Mini

5 YEARS
OF BIRTH CONTROL

Suitable for women who have not given birth or women with a small uterus (and are looking for birth control for 5 years or less).



Mona Lisa® N

3 YEARS
OF BIRTH CONTROL

Suitable for women who have not given birth or women with a small uterus (and are looking for birth control for 3 years or less).



IF YOU HAVE QUESTIONS
OR WOULD LIKE TO GET MORE
INFORMATION, VISIT:

MONALISA IUD.CA

**MONA LISA® IUDs are used to prevent pregnancy.
They do not protect against HIV infection and
other sexually transmitted diseases.**

Talk to your healthcare professional about your options
for contraception and to find out more about **MONA LISA®** IUDs.

MONA LISA® IUDs are imported from Europe and distributed in Canada by:

SEARCHLIGHT
PHARMA

Searchlight Pharma Inc.
Montreal, QC, CANADA H3J 1M1
searchlightpharma.com

REFERENCE:

1. Society of Obstetricians and Gynaecologists of Canada (SOGC). Canadian Contraceptive Consensus (parts 1 to 4). *J Obstet Gynaecol Can* 2015;37(10):51-52B,182-199.

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